

NCHSAA MEMO | Update on Mask Requirement
November 12, 2020

Good afternoon,

As was mentioned yesterday, we are continuing to monitor the impact of the pandemic in our state, as well as across the country. Towards that end, we reached out for information from the doctors on the Sports Medicine Advisory Committee (SMAC), as well as requesting input from DHHS doctors.

After weighing the information, the NCHSAA Board of Directors voted to implement the following:

- **Effective not later than Monday, November 16**, volleyball players are **required** to wear face masks during volleyball practices and contests. A student with a medical condition that would prohibit wearing a face mask during competition, will need medical documentation from a physician licensed to practice medicine, nurse practitioner or physician assistant.
- **Effective immediately**, all persons participating in indoor skill development are **required** to wear a face mask at all times. This includes athletes, coaches, support staff, etc.

Please Note: The SMAC doctors indicated that some students may find that wearing a disposable face mask helps with breathing.

NCHSAA staff members have received additional reports of volleyball teams being quarantined, which we know will impact their first contests next week. Collectively we must do everything we can to mitigate against the continuing spread of COVID-19, and it is our belief that the above steps will assist those efforts.

As was stated yesterday, please continue to role model what is required.

Working together, we can get through this!

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*We Are
the NCHSAA!*

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