

Davie County School Health Advisory Council Minutes
May 22, 2015

The Davie County School Health Advisory Council (SHAC) met at 12:00 Noon on Friday May 22, 2015 in the Board Room at Central Davie Education Center. Chairman Mike Garner welcomed everyone and called the meeting to order. Kathy Bokeno introduced a guest, Pamela Muetzel; a neighbor working on her Bachelor's degree and who is writing a paper on Child Obesity. Kathy asks if she would like to sit in on our meeting since our focus is on Child Obesity as well. The group introduced themselves and told their position and role on the SHAC board. Mike Garner, Chairman asked if there were changes or correction to the minutes from the February 6, 2015 meeting. There being none, Kathy Bokeno made a motion to approve the minutes as received. The motion was seconded by Daughn Baker and carried.

Attendees:

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| 1. Barbara Owens | School Board |
| 2. Jami Lawhon | Davie County Cooperative Ext |
| 3. Beth Weatherman | Principal of CDA & Director of Student Services |
| 4. Katie Nail | Counselor, CDA |
| 5. Mike Garner | Director of Parks & Recreation |
| 6. Daughn Baker | Director of Child Nutrition |
| 7. Dr. Clio Austin | Mocks Pediatrics/Sch Health Medical Advisor |
| 8. Brandi Patti | Healthy Carolinians of Davie |
| 9. Kathy Bokeno | Lead School Nurse |
| 10. Pamela Muetzel | Guest working on Bachelors' Degree |

Staff to Council:

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| Lori Dingler | School Nurse |
| Sherry Wilson | School Nurse |
| Paula Seaford | School Nurse |
| Natalie Moore | School Nurse |
| Ruth Campbell | SS Adm Asst |

OLD BUSINESS

Wellness Policy Update- Daughn Baker reported she had met with Mr. Jeff Wallace, person responsible for the wellness program and Kathy Bokeno, lead school nurse. They discussed looking over requirements and revisions needed to make sure the Wellness Policy was being followed by the SHAC guidelines. She explained there were only a few places that needed to be addressed. Working on goals to be achieved was an area they were focusing on and would have more details as to their specific plans in the fall.

SCHOOL HEALTH UPDATE- Kathy Bokeno, Lead School Nurse

- Kathy Bokeno presented the BMI scores for 1st, 3rd, 5th and 7th graders for 2014/2015. Thanks to Amber Samuels, nurse at Cooleemee Elementary and South Davie Middle School for updating the BMI chart form this year. The numbers are consistent with the last several years at around 45% overweight. We are still not making great strides in reducing our child obesity numbers. Shady Grove Elementary School numbers are a better at 27% overweight due to extra programs geared to healthy activities. We are higher than national averages but national averages are still pretty high.
- 8th graders CPR classes are complete. Nurses along with health teachers have done the hands only CPR training this year. Hopefully the health teachers will be able to take over this training soon. It is now a senior graduation requirement to be able to demonstrate hands only CPR, this does not mean they are certified. They were also shown demonstrations of the AED unit and heimlich maneuvers. Powerschool now has an entry showing "pass or not pass" regarding the

CPR hands only training. Many thanks to the high school nurse Sherry Wilson who has worked very hard to make sure all seniors who will be graduating this year have all had this required training.

- The nurses had a site visit from the Regional State Consultant and she was very pleased with our school health program. Nurses are looking into updating Puberty classes for 6th graders next year.

DENTAL UPDATE- Debbye Kruegar, State Dental Hygienist was not in attendance today. Kathy Bokeno reported in her absence.

- Debbye Kruegar our State Dental Hygienist has had some medical issues this year. We are looking forward to working more extensively with her next year.
- The Dental Van is now serving 7 schools Elementary, Middle and High School. As of May 11 the dental van has had 10 visits to our school and still has 1 more visit scheduled for May 18th. 134 kids have been seen, 112 have been treated and 74% of the cases are complete. The dental van has been a great success this year and parents and administrators have been very pleased.

NEW BUSINESS

- This past year around 134 staff member were trained and certified through the Medical Care Commission for the use of the Epipen in our schools. They have now done away with that training so next year the school nurses will be training the staff. All staff members must be CPR certified in order to be able to get Epipen training. There will be new yellow Epipen boxes with breakoff locks installed in all the schools beside the AID units beginning in August; this was approved by Jeff Wallace. The state requires 2 adult and 2 pediatric Epipens per school. Epipens must be available for all school day and outdoor activities on school campuses. Lori Dinger, school nurse at William Ellis Middle School; reported they have a trailer for a concession stand for outdoor activities, an AED is stored there and we are looking at placing Epipens there as well. Sherry Wilson, school nurse at Davie County High School; reported there are Epipens located in the trainers office with all coaches having a key to that office for outdoor activities.
- Kathy Bokeno will be the SHAC liaison and will present to the Board of Education the activities and work done by this group each year in June. This is part of the SHAC requirements from the policy review done by Jeff Wallace, Kathy Bokeno and Daughn Baker.
- Jami Lawhon, Davie County Cooperative Extension representative reported (Snap-Ed) Steps to Health for 3rd graders at Cooleemee Elementary School has been completed, they served 96 students. Next year they will be having this program at Cooleemee and William R. Davie Elementary Schools. This is a federal funded program; they hope to bring to more schools later on.
- There will be a new Immunization requirement that will go into effect July 2015. At this time rising kindergarteners, 7th graders will be affected. The 7th grade requirement used to be required at 6th grade level so many of the rising 7th graders have already met the new requirement. Dr. Clio Austin has been advising parents to have both boosters at the same time if they are eligible. Brandi Patti, Health Department says they are handing out letters with the new immunization requirements on them.
- The Davie Forum (Davie Community Foundation and Mebane Foundation) has been very successful and a very positive group helping write grants for all kinds of things. Kathy Bokeno reported the YMCA has a grant and is working at Mocksville Elementary School helping with 3rd graders teaching nutrition, health and fitness. Many thanks to this group of hard working individuals.
- Beginning next year SHAC will have a place on the Davie County Schools website where we will post SHAC information including meeting minutes, community and membership. This will be a

place where the community can access SHAC information in order to have a better understanding of how SHAC contributes to our students and school community.

- Each member of the SHAC committee was given copies of the SHAC bylaws and asked to review them and see if there are people in the school system or community who might be interested in joining the SHAC group and making a contribution to our efforts. Jackie White, The Behavioral Support & Mental Health Liaison for DCS has agreed to be part of our group for next year.
- Daughn Baker, Director of Child Nutrition shared with the group a new summer program they are starting this year. It is called Summer Food Service for Children. There will be 22 sites that food will be delivered to on a rotating schedule that runs Monday-Friday. At this time there will be 2 vans and 1 bus used to deliver food to specific locations each day. The food will be eaten at the site and the safety of the children will be the upmost concern. Cards will be sent home with students as well as information will be on the DCS website and local newspaper explaining this service and the requirements to participate. This will be a terrific program for all the children of Davie County.
- Barbara Owens, School Board Member suggested we all think about ways we can incorporate more equipment into our local parks for our older children (4th-8th grades) and also adults to get them interested in good health and exercise.
- Brandi Patti, Healthy Carolinians of Davie, reported the Health Department is teaming up with the Sheriff's Department to have medication drop boxes installed at Foster Drug and Cooleemee Drug stores; this is part of Project Lazarus. There will not be any liquids allowed but all other medications can safely be left in the drop boxes. The boxes will be located inside the stores near the pharmacy; they will be secured to the floor and have the appearance of a mailbox. These boxes will be accessible during store hours for all to use. This will be a great way to keep drugs off our streets.

The dates for next year's meeting will be sent out in August 2015

There being no more business, the meeting was adjourned at 12:56 pm.

Respectfully submitted
Kathy Bokeno, secretary